## Technical data

Product no.: no-027

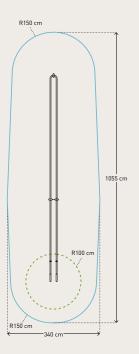
SPIRER BATTLE ROPE - LONG



Dimension in cm: Material: Corrosion class: Surface treatment: L755 x W36 x H150 cm Steel and battle rope C4 Rust-protected and powder-coated Area of movement: Training space: Free height of fall: Fall protection required: According to:

-None EN 16630:2015



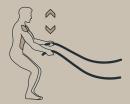


## Please note:

As a general rule, the green lines = = = are not allowed to overlap each other. However the blue lines can overlap both the blue and the green lines, BUT there cannot be any solid or hard objects inside the blue circle. (Trees, stones, other fitness equipment, etc.)

## **EXERCISES / STRETCH OUT**











**NOORD**