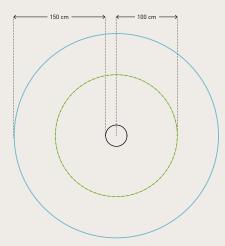
# Technical data

Product no.: no-020 SPIRER EPDM RUBBER BALL - Ø35



Dimension in cm: Material: Ø35 EPDM rubber Area of movement: Training space: Free height of fall: Fall protection required: According to:

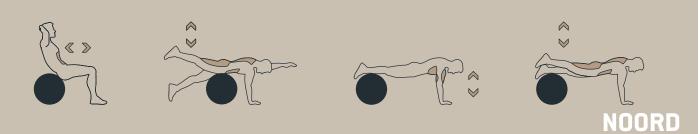
35 cm None EN 16630:2015



#### Please note:

As a general rule, the green lines — — — are not allowed to overlap each other. However the blue lines \_\_\_\_\_ can overlap both the blue and the green lines, BUT there cannot be any solid or hard objects inside the blue circle. (Trees, stones, other fitness equipment, etc.)

## **EXERCISES / STRETCH OUT**



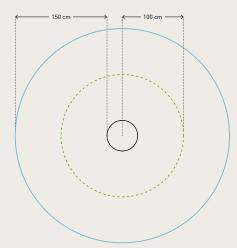
# Technical data

Product no.: no-021 SPIRER EPDM RUBBER BALL - Ø50



Dimension in cm: Material: Ø50 EPDM rubber Area of movement: Training space: Free height of fall: Fall protection required: According to:

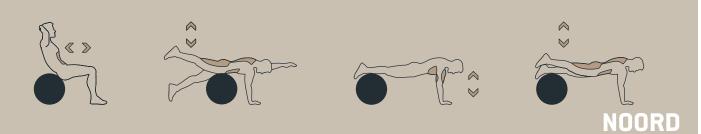
50 cm None EN 16630:2015



#### Please note:

As a general rule, the green lines — — — are not allowed to overlap each other. However the blue lines \_\_\_\_\_ can overlap both the blue and the green lines, BUT there cannot be any solid or hard objects inside the blue circle. (Trees, stones, other fitness equipment, etc.)

## **EXERCISES / STRETCH OUT**



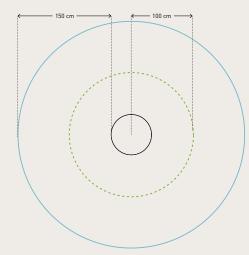
# Technical data

Product no.: no-022 SPIRER EPDM RUBBER BALL - Ø65



Dimension in cm: Material: Ø65 EPDM rubber Area of movement: Training space: Free height of fall: Fall protection required: According to:

65 cm None EN 16630:2015



### Please note:

As a general rule, the green lines — — — are not allowed to overlap each other. However the blue lines \_\_\_\_\_ can overlap both the blue and the green lines, BUT there cannot be any solid or hard objects inside the blue circle. (Trees, stones, other fitness equipment, etc.)

### **EXERCISES / STRETCH OUT**

